NORFOLK ORIENTEERING CLUB Pretty Corner

Colour Coded Event ~ 17th April 2016

Directions: Travel along A148 towards Sheringham, turn off towards Sheringham on A1082. Take the first turning on the right signed for car park and Pretty Corner Tea rooms. O signs will be placed on A148 before the junction.

Parking: In small car park on minor road to Pretty Corner Tea rooms.

Registration: Open from 10:00am to 12:00am

PLEASE complete the yellow registration form in **BLOCK CAPITALS** with your details and course you wish to enter BEFORE going to register at MAP SALES.

(Families & Groups please enter all names on registration form).

If you are new to orienteering or need assistance, please enquire at Registration.

Today's event is using Electronic Punching with PRE DRAWN MAPS printed on TYVEK (waterproof material). Dibbers are available for hire from the dibber hire desk prior to registration.

E-card Hire: 50p (We will charge you £25 for each one not returned)

Today's courses and fees

Course	Difficulty	Length km	Climb m	Controls	Map Scale
White	Very easy	1.5	60	11	1:7500
Yellow	Easy	2.0	90	13	1:7500
Orange	Harder	2.6	105	14	1:7500
Light Green	Fairly hard	2.8	130	16	1:7500
Short Green	Hard	3.0	160	17	1:7500
Green	Hard	3.6	190	18	1:7500
Blue	Hard	5.3	280	25	1:7500
Brown	Hard	7.6	400	30	1:7500

Note: Only the White course is suitable for push chairs.

Juniors & Junior Pairs £2.00 (under 21 and students with cards)

Seniors £5.00 (BOF members – ID card may be requested) Family units & Groups £6.00 (BOF members – ID card may be requested)

NON BOF (Independent) Senior, Family & Group competitors incur £2.00 surcharge on above fees Note: BOF 3rd party liability insurance covers Independent competitors for three events only.

Course Descriptions: are printed alongside the map – text for white, yellow courses. I.O.F. symbols for Orange to Brown courses. Loose descriptions are issued at registration - your passport to a map

Special Features: Hide = black X Carved post = black ⊙

Start & Finish: The Start and Finish are close to the Registration and Car Park area. The Start is 150m from the car park and the Finish is 70m from the car park.

Times: All courses start from 10:15am through to 12:15am. Courses close at 14:15hrs.

You must report to the Download tent near registration by 14:30hrs.

Please immediately report to the download tent if you are still out on your course at this time.

Terrain: Pretty Corner is steeply contoured, being part of the Cromer Ridge, formed at the end of the last Ice Age. Courses have been planned to take into account the steepness of the area.

The forest area is devoid of bracken, but there is abundance of dead bracken in some rough open areas. There are some areas of slow undergrowth but this is not as extensive as in previous years, possibly due to the cold and wet winter.

With the recent rainfall, Paths and Tracks are extremely muddy and slippery, plus the valley sides are very soft underfoot.

There are numerous small seasonal paths which are <u>not mapped</u>.

Pretty Corner is a public access forest used by walkers, horse riders and cyclists amongst others. Please respect other forest users.

Facilities: None on site. Nearest public toilets are in Sheringham.

Dogs: Please keep Dogs on lead.

Results: See NOR website: www.norfolkoc.co.uk

Next NOR events:

22nd May – Bacton Woods, North Walsham; Level C Colour Coded For further details see website or contact Fixtures Secretary: NORfixtures@norfolkoc.co.uk

REMINDER – PLEASE COMPLETE THE EVENT REGISTRATION FORM IN <u>BLOCK CAPITALS!</u>
Please ensure the names of all persons competing are included as this is needed for insurance & participation data purposes.

The personal data you give will be used by the event organisers and their agents only for the purpose of processing/publishing the event entries and results, conducting safety checks and to validate British Orienteering insurance cover. Submission of an entry for the event will indicate your acceptance of these procedures.

General Orienteering photographs from the event may be published on the website, flickr and social media; in the absence of any objection, agreement to this will be assumed.

Orienteering is an adventure sport. All competitors take part at their own risk and are responsible for their own safety.